

the VILLAGER

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Celebrating 11 Years!

February 15, 2024

Foster City Community Center



Foster City Village celebrated our 11th birthday! 64 members and volunteers came together on February 15th, one day after the official 11th birthday/anniversary, to enjoy a fun party. After a lunch of sandwiches, salad, mac and cheese, and, of course, birthday cake, we played a game of 20 questions and "Identify the product logo". Marlene Hopper, our longtime Board member and activist, was honored with a tribute and given an engraved glass remembrance keepsake. Everyone went home with a birthday "goodie" bag and was happy having shared a good time together.





March

- 3/7 Janet Lundquist
- 3/5 Mary Simas
- 3/9 Cynthia Erickson
- 3/11 Pamela Frisella
- 3/11 Barbara Gereboff
- 3/13 Patricia Campos
- 3/17 Nelly Jiron
- 3/18 Gwen Swan
- 3/20 Diana Okamoto
- 3/25 Steve Okamoto
- 3/28 Subha Aahlad
- 3/30 Martha Mayo Magnuson
- 3/31 Jerry Lerman

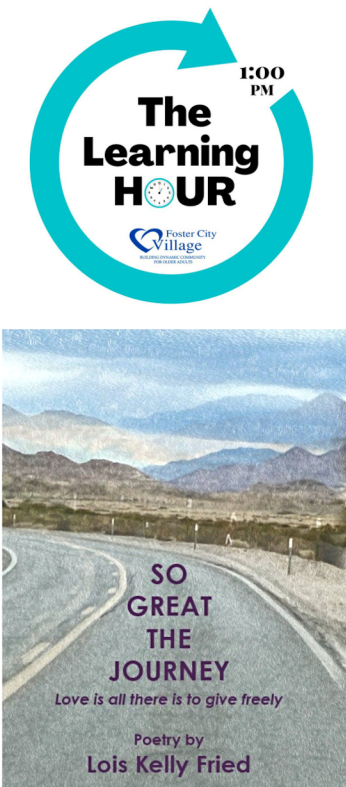


- 4/1 Jennifer Malament
- 4/6 Gary Miller
- 4/7 Enaam Gabor
- 4/9 Renee Krevet
- 4/12 Melly Metcalf



Come join us every Tuesday for a group walk along the Lagoon path at the Foster City Rec. Center. We meet at 11 AM outside the main entrance and walk for 30 minutes and then stop off to do exercises led by Thomas.





January Learning Hour

Speaker: Lois Kelly Fried

Author of "So Great The Journey"

Contributed by Jacquie Gentry

Village members were treated to the poetry of Lois Kelly Fried at the January Learning Hour. Reading from her book *So Great the Journey*, Ms. Fried noted throughout that “Love is all there is to give freely.” She began by giving some of her background, beginning with her childhood in Brenham, Texas, and eventually working in corporate America for more than thirty-five years and settling in the Bay Area. All the while, she was composing poetry, which serves as a chronicle of her life.

Ms. Fried began her reading with “Baking Bread,” and the tranquility of the process evoked a warm fragrance. Her next poem refreshed with “Spring Water from a Speckled Dipper,” a memory recalled from the drive back from Big Mama’s house on a Sunday afternoon. A similar nostalgia arose from “Sweetness in Mason Jars (Southern Style).” She gave an urban nod to the pleasures of San Francisco in “The City by the Bay.”

Love permeates Ms. Fried’s poems, as in “Learning Love” that was inspired by a little boy comforting his friend, sharing his umbrella during a downpour. And some poems were bittersweet, like “Little Black Boy,” memories of her brother who died too young from heart disease at seventeen, reminding her to be “grateful that he never had a knee on his neck.” Among other memories, she also expressed an appreciation for nature, including the long, hot, lazy days of “Texas Summer,” tempered by iced tea, cold lemonade, June bugs, and butterflies.

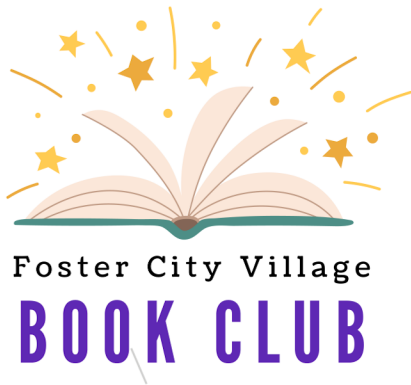
SHAMROCK



Saint Paddy's Sudoku

DIRECTIONS: Fill in the grids so that each horizontal row contains each letter exactly once, each vertical column contains each letter exactly once, and each subgrid contains each letter exactly once. We recommend you use a pencil!

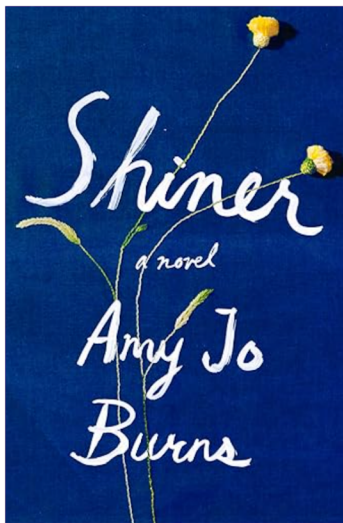




Once a month, The Bookworms, (Foster City Village's book club) have a lively discussion about their latest book selection. The criteria for the books chosen is that they must be around 300 pages and easily accessible from the library. If you like to read come join in the fun!

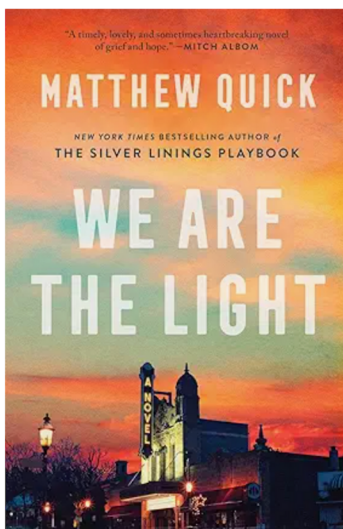
-Phyllis Brown

February's Book...*Shiner* by Amy Jo Burns



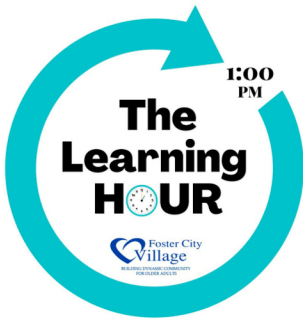
At our February meeting, the book, "Shiner" by Amy Jo Burns was discussed by the Village bookworms and everyone felt it was too packed with issues - love, friendship, motherhood, loyalty, blind faith, isolation, heartbreak, moonshine, snakes, control, obsession, grief, fear, growing up, male dominance, secrets and longing, passion, tragedy, and coming of age. Not one of our favorite books!

March's Book...*We Are the Light* by Matthew Quick



In March, we will be reading "We Are The Light" by Matthew Quick. From Matthew Quick, the New York Times bestselling author of "The Silver Linings Playbook", "We Are the Light" is an unforgettable novel about the quicksand of grief and the daily miracle of love. The humorous, soul-baring story of Lucas Goodgame offers an antidote to toxic masculinity and celebrates the healing power of art.





February Learning Hour Speaker: Docent Maureen Murray-Fox

Fashioning San Francisco: "A Century of Style"

Contributed by Jacquie Gentry

De Young docent Maureen Murray Fox fascinated a full house at the February Learning Hour presentation on the museum's current exhibit "Fashioning San Francisco: A Century of Style." The de Young Museum has a first-class fashion collection, and this exhibit showcases striking examples ranging from beautiful ball gowns to fine footwear. She explained that haute couture, French for high sewing or high dressmaking, is a legally protected term in France defining Paris fashion houses that conform to specific rules.

In addition to well-known designers like Dior, Yves St. Laurent, Givenchy, Oscar de la Renta, and Valentino, the exhibit includes lesser-known Asian designers along with others from the U.S., Britain, and other parts of the world. Emphasizing how San Francisco recovered after the 1906 earthquake, the exhibit also includes designer suits, examples of the little black dress, global aesthetic influences, and the avant-garde.

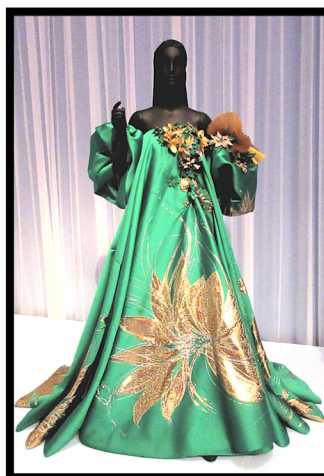
Ms. Fox illustrated her informative talk with a slide show that was a visual feast. Especially stunning were Alexander McQueen's red silk and embroidery evening dress, Dior's Venus and Junon evening gowns, and Edwin Oudshoorn's gorgeous green and gold gown named "Spellbound" for the theme of the 2020 San Francisco Ballet opening night. Many of the fashions had been worn at grand galas by local socialites. A bonus feature of the exhibit is a virtual effect that allows visitors to see and photograph themselves in some of the fashions. The exhibit will continue until August 11, 2024.



Venus Gown



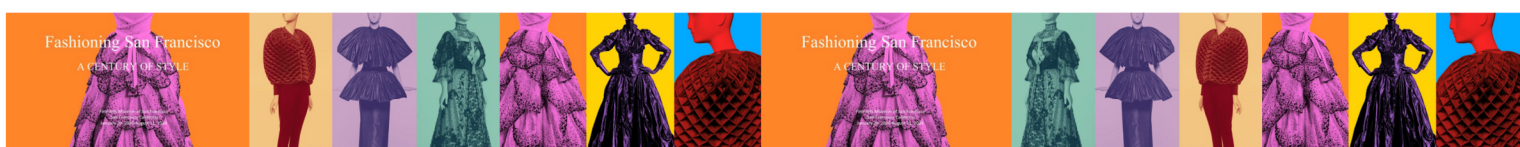
Alexander McQueen
Gown

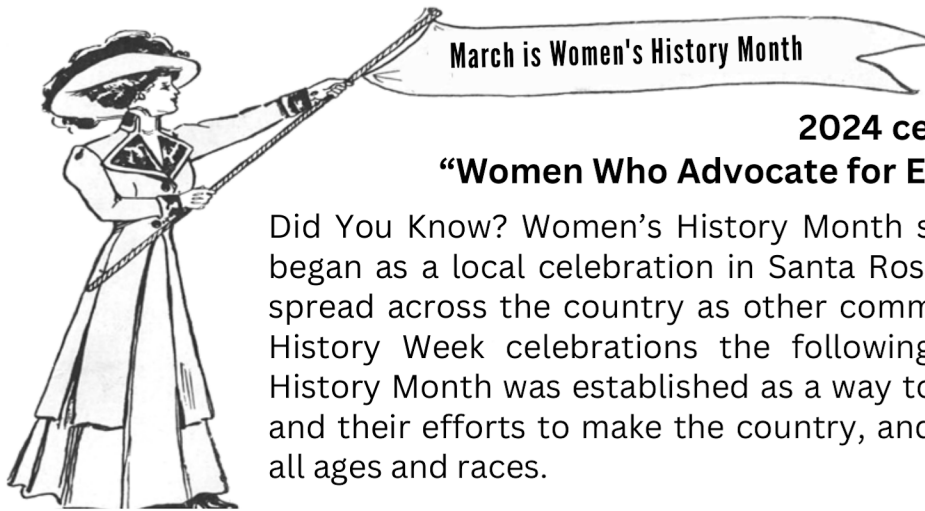


Spellbound Gown



Junon Gown





2024 celebrates
“Women Who Advocate for Equity, Diversity and Inclusion”

Did You Know? Women’s History Month started as Women’s History Week. It began as a local celebration in Santa Rosa, California in 1978. The movement spread across the country as other communities initiated their own Women’s History Week celebrations the following year. In 1987, National Women’s History Month was established as a way to celebrate women across the nation and their efforts to make the country, and world, a better place for women of all ages and races.

Margaret “Maggie” Gee was one of two Chinese-Americans to serve in the Women Airforce Service Pilots (WASP) during World War II. She co-piloted B-17 bombers through training to help bomber gunners perfect their skill in combat. Currently, there is a petition pending to rename the Oakland Airport to the Maggie Gee Oakland International Airport.



“Nothing is impossible, the word itself says ‘I’m possible!’ ” — *Audrey Hepburn*

“I do know one thing about me: I don’t measure myself by others’ expectations or let others define my worth.” — *Sonia Sotomayor*

“Aging is not “lost youth” but a new stage of opportunity and strength.” — *Betty Friedan*

April is National Month of Hope, which is all about celebrating the power of hope — the belief that things will work out, especially when it seems otherwise. Take this time to practice giving hope to yourself and others around you. Here are some quotes about hope to help inspire you!

“What gives me hope in these tenuous times is the knowledge that there is precedent for change and there’s precedent for hope.” — *Ava DuVernay*

“The world needs less heat and more light. It needs less of the heat of anger, revenge, retaliation, and more of the light of ideas, faith, courage, aspiration, joy, love and hope.”
 — *Wilfred Peterson*

"Hope is important because it can make the present moment less difficult to bear. If we believe that tomorrow will be better, we can bear a hardship today." — *Thich Nhat Hanh*



IN MEMORIAM

Samantha Marshall

Bobbie Simon

Karen Sullivan



1. What does the fourth leaf on the clover represent?
a. Hope b. God's grace c. Luck
2. What is the leprechaun's occupation?
a. Magician b. Shoemaker c. Gardener
3. Which city held the first St. Patrick's Day parade?
a. Boston b. Chicago c. New York
4. St. Patrick was born in which country?
a. Ireland b. Wales c. Scotland
5. What happens if you look away from a leprechaun?
a. He will disappear b. He will pick your pocket c. He will dance
6. St. Patrick's Day is an official holiday in which country?
a. St. Lucia b. Montserrat c. Denmark
7. What colors are on the Irish flag?
a. Green, orange, black b. Green, blue, orange c. Green, white, orange
8. What was St. Patrick's birth name?
a. Seamus Callaghan b. Ciaran McLaran c. Maewyn Cuccat
9. Where do leprechauns live?
a. Under rocks b. Under a shamrock c. Hollow of a tree
10. What does "Erin go Bragh" mean?
a. God bless Ireland b. Hail Ireland c. Ireland Forever
11. Which food would not have been traditionally served in Ireland?
a. Corned beef b. Potatoes c. Soda bread
12. What color did leprechauns originally wear?
a. Orange b. Green c. Red
13. How did St. Patrick get to Ireland?
a. Enrolled in an Irish seminary
b. Captured by pirates and sold into slavery
c. Went as a missionary to the Druids
14. What does the custom called "Drowning the Shamrock" entail?
a. Floating the shamrock down the river for good luck
b. Floating the shamrock in your whiskey before drinking it
c. Freezing shamrocks into ice cubes for drinks

Pot O'Luck Trivia





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