



Anniversary Celebration February 14, 2023



# Order of Events

#### **♥** Welcome Thank You Sponsors & Donors

Pam Frisella

- **♥** Lunch
- **♥** Honoring our Founders & Celebrating our Builders

Marlene Hopper

♥ Service Awards

Elaine Pitts Community Service Award: Patricia Player Maxwell FCV Community Service Award: The Rotary Club of Foster City

- ♥ Door Prize Drawing
- **♥** Dessert & Community

### 2023 Board of Directors

Pam Frisella, President
Phyllis Brown, Vice President
Richard Hopper, Treasurer
Bob Lahl, Secretary
Marlene Hopper, Board Member
Patricia Player <u>Maxwell, Board Member</u>

# Our Story



The Village Movement began in 2002 with the founding of Beacon Hill Village in Boston, MA. Since that time, the movement has grown to include more than 300 Villages in 42 states as well as in Australia, Canada, and Belgium, serving an estimated 40,000 older adults (2022.)

Did you know that Foster City Village was the first Village established in San Mateo County? Patricia Player Maxwell introduced the concept in 2011 to the Rotary Club of Foster city, who accepted the opportunity to enable Foster City Village to become a reality. In 2012, after a meeting in the City Council Chambers, unbeknownst to each other, Edd McKibben, Jim Wambach, Jeff Brown and Marlene Hopper decided to join the mission. These individuals met along with other FC Rotarians who shared a passion to provide for our aging population with a goal to enable them to stay living in their own homes. We met weekly at iHop, individuals homes, or anywhere we could. Our membership dues structure was realized around Marlene's dining room table with Gil and Jeff. Edd lassoed a group of folks who took on the responsibilities to make the Village function. More than one year was spent organizing Foster City Village, which officially opened its doors on February 14, 2013.

And now, ten years later the dues have never been increased because of the generosity of our grantors and individual donors. And, in spite of COVID, our membership is growing faster now and our volunteer core has enabled everything to work. Our programs are thriving from educational speakers in the library, to game days, to social parties. We Care volunteers are actively addressing activities to stifle isolation. Attendance continues to increase in our Walk & Talk program that gets members out in the fresh air to exercise and feel better. Also thriving are our fitness opportunities including Core Fitness and Iron Yoga classes. New members and volunteers with fresh ideas is how we stay interesting.

In our first 10 years we have learned what is needed to keep our adult population thriving as it continues to grow. The support of Foster City City Council, Foster City Chamber of Commerce, The Rotary Club of Foster City, and our Corporate Sponsors, is greatly appreciated. In addition, it is ALL of the individuals who, on their own free time, driving their own cars, provide the biggest need for our members which continues to be transportation. Without a doubt, our volunteers are the "heart" of the Foster City Village, and, we are so very appreciative.



# Thank You Anniversary Sponsors









- **♥** Charlie & Martha Bronitsky
  - **♥** Leena Dugger
  - ♥ Sam & Lori Runco

### Thank You Corporate Ponors

Danford Fisher Hannig Foundation
J H Robbins Foundation
San Mateo County Relators Foundation (SAMCAR)
San Mateo Elks Club
Sequoia Healthcare District
The City of Foster City
The Rotary Club of Foster City
The San Francisco Foundation

### Thank You Individual Donors!



Helen Ackerman \* Elizabeth Anderson \* Mary Bates Surinder & Sangeeta Batra \* Flavia Borellini Jeff & Phyllis Brown \* Carla Campillo 7im & Lynn Carteris \* Margaret Chan \* Richard Chang Teresita Condon \* Gretta Csatho \* Gloria D'Acquisto Daryl & Janine Devincenzi \* Kyle Draper \* Leena Dugger Doris Duncan \* Ann & Matt Eisenberg \* Julie Flouty Pam Frisella \* Cezanne Garcia \* Sherry & John Gilbert Robert Grassilli \* Hannalore Hempe \* Eleanor Jones Art Kiesel \* Jerry & Eve Lerman \* Adriana Livianu Jan Locker \* David & Martha Magnuson \* Stephanie Masten Dorothy Matsuo \* Edd & Kathy McKibben Murli & Mona Melwani \* Garv Miller Harold & Patricia Miller \* Martin & Gail Mintz \* Gail O'Brien Steve & Diana Okamoto \* Jill Olson \* Melinda Rudio Amit Saini \* Weachin Su \* Susan Sutton \* Bob & Carol Tessler Emily Thomann \* Carolyn Woods \* Marcella Yano

#### Thank You Anniversary Ponors







TRADER JOE'S



# Founders

Patricia
Player Maxwell,
Founder

President - Tom Berens
Vice President - Bonnie Silverman
Treasurer - Gretchen Kenney
Secretary - Kevin Kreitman
Board Members - Marlene Hopper, Kate
Mayott, Edd McKibben, Kevin Miller, Pat
Obuchowski, Elaine Pitts, Yana Rudakov,
Francine Serafin-Dickson,
Board Advisor - Lee Michelson

First Board of Directors - 3/2013



# Builders

Foster City Rotarians: Charlie Bronitsky

Maryellen Conner
Alvin Joe
Greg Kuhl
Kate Mayott
Elaine Pitts
Jim Wambach

Mark Watson

#### **Advisory Committee Chairs:**

Chair/Fundraising - Edd McKibben
Volunteers - Jeff Brown
Grants/Business Planning - Gil Guerin
Social/Programs - Audrey Guerin
Publicity - Laura Guluzzy
Membership - Marlene Hopper
Public Relations - Yana Rudakov

#### Office:

Gabriela Alvarez, Jennifer Malament Kathy McKibben, Susan Orloff

# Original Members 2013-2023!





Helen Ackerman



Larisa Alexander



Evelyn Bender



Jeff Brown



Phyllis Brown



Gretta Castho



**Gloria** D'Acquisto



Leena Dugger



Betty Gee



Audrey Guerin



Hannalore Hempe



Hopper



Marlene Patricia Player Maxwell



**Edd** McKibben



Kathy McKibben



Gail Mintz



Martin Mintz



Carol Ohm



Lila Olson



Gail O'Brien



Aldean



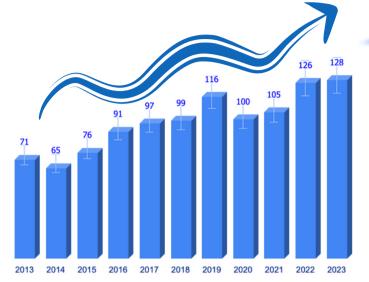
Betty Wexler



Shari Williams

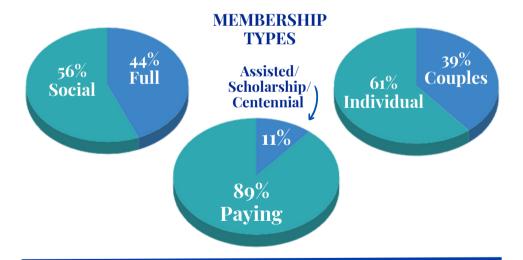


### Membership





Total
number of
Foster City
Village
members
during our
first 10 years!



"Joining the Foster City Village is the best thing I have done for myself. It fulfills everything I want. Every day meeting new people, able to connect with friends I have made thru the Village, the variety of activities I can choose to participate in. The Foster City Village is like a second family for me. The kindness, caring and support of the Volunteers is more then I could have ever asked for. I feel blessed being a member." **Eleanor Jones** (Member)

### Aging Better

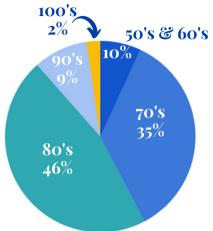




#### Enjoying their 90's & 100's!

Dear FCV Board,
This letter is for all of you at the
Village, who give so much to my
mother and the senior
community in Foster City. The
services and social events you
provide have helped to allow my
mother to remain in her home
and maintain her independence.
You're all amazing.
Thank you,
Jill O.
2022

#### **Celebrating Our Ages!**





Foster City Village Leadership Over the Years
Tom Berens - 1st President 2013

Patricia Player Maxwell - 2nd President 2014 - 2015
Jim Wambach - 3rd President 2016 - 2017

Supriya Singh - 4th President 2018 - 2022

Phyllis Brown, Pam Frisella & Marlene Hopper - Executive Board 2022

Mary Bates - Executive Director 2018 - 2021



Drives

### Fueled By Volunteers



Hours of service our volunteers provided to our members in 2022, valued at \$140, 878 \*















**PVI / Meals on Wheels** 

#### Volunteers



Helen Ackerman \* Samina Ahmed \* Ben Anderson \* Francine Baer
Mary Bates \* Joan Biederman \* Rich Biederman \* Flavia Borellini
Jeff Brown \* Phyllis Brown \* Fe Casher \* Alan Chan \* Marie Cohn
Daryl Devincenzi \* Janine Devincenzi \* Jeannie Ewan
Julie Flouty \* Marvin Freedland \* Gihan Gabor \* Jacquelyn Gentry
Vineta Ghurye \* Jon Grant \* Linda Grant \* Vineeta Gulati
Jacqueline Gutierrez \* Julie Halpin \* Laurie Hazen-McCarthy
Tina Hildreth \* Marlene Hopper \* Richard Hopper \* Wendy Iwata
Connie Kobayashi \* Me Ling Lam \* Jerry Lerman
Pennie Lundberg \* Jennifer Malament \* Samantha Marshall
Stephanie Masten \* Edd McKibben \* Mamta Nanda \* Carol Ohm
Patricia Player Maxwell \* Ray Rosenthal \* Bruce Scannell
Diana Schroeder \* David Shelton \* Supriya Singh \* Phoebe Venkat
Betty Wexler \* Shari Williams \* Carolyn Woods





"I first started volunteering for Foster City Village after my retirement in 2014. In the 9 years since, I now count some of the Village members as among my best friends and kindest neighbors. The members have wonderful stories to tell, and it's always fun for me to share a story with them as well. We are fortunate to have such a dynamic organization in our city, because it is made of very special people!"

Wendy Iwata (Volunteer)



### Social & Wellness Activities





#### AND MORE...

- **♥**Bocce Ball
- **Cooking Class**









# Out & About Events

















### Village Voices

"I've been a resident of Foster City since 1966 and believe that Foster City Village is the most supportive organization that has been available to me. I joined the Village five years ago, after having attended a wonderful benefit where I learned that all the Village staff and volunteers were so talented and friendly, and that they would provide many social events where seniors could make new friends and take advantage of many educational opportunities as well. At 89 years old, I have personally enjoyed the four times a week Core Fitness classes, even on Zoom. Thank you to all the volunteers and staff who make life worth living." *Carol Tompkins* (Member)

"So grateful for the wonderful care you provide for seniors. You definitely improved my life. All the people who have helped me have been so kind and caring that I wonder how I functioned without them. Know that all your efforts are deeply appreciated." *Bette Anderson* (*Member*)

"Mona and I moved from Plano, Texas to Foster City four years ago. One of the drawbacks of relocation is that it takes a long time to make friends, engage in activities they enjoy and generally assimilate with the community. A chance flyer led us to contact Foster City Village. After speaking to us, Mona and I were gratified that the Village maintained a balance between their service and fun, entertainment activities. The Village not only looks after the intellectual interests of its attendees but also their fitness needs. Today, we feel that our assimilation in the community is complete. And, for that we have to give thanks to Foster CityVillage." *Murli & Mona Melwani* (*Members*)

"As an FCV volunteer I enjoy meeting the many lovely senior personalities who live in this City. The members are always pleasant and totally grateful for the assistance in getting to a needed destination. I truly enjoy meeting, chatting and laughing with all the members. I also enjoy the collegial relationship with the other volunteers as we're all of the same generous mind set toward caring for our older adults. Being a part of such a benevolent organization is the best part about being retired."

Shari Williams (Member & Volunteer)

"Driving our many members to doctors, salon and grocery shopping is an absolute blessing. To experience our members smiles, hugs and admiration is so special. I have driven Beverly C. for nearly three years to her salon on Thursday mornings. When I carefully lean over to fasten her seat belt Beverly gives me a kiss on the cheek. To say I look forward to our Thursday morning drives is a true understatement! FCV has proven it is vitally important to our 94404 community and our beautiful city! Our illustrious board of directors and wonderful staff are totally dedicated to serve our members, our phenomenal volunteers number one priority! It is a distinct honor to be part of this caring non profit organization called Foster City Village." *Edd McKibben* (*Member & Volunteer*)

### Looking Forward



- **▼** Expanding We Care
  - Increase visits & outings
- **♥** Membership Scholarships

Expand our reach to older adults in need

- **♥ Home Safety Assistance**Connect providers with members
- ♥ Emergency Response Plan

Program for contacting members during a natural disaster

- **♥** Volunteer Opportunities for Youth
  - **♥** More Volunteers!

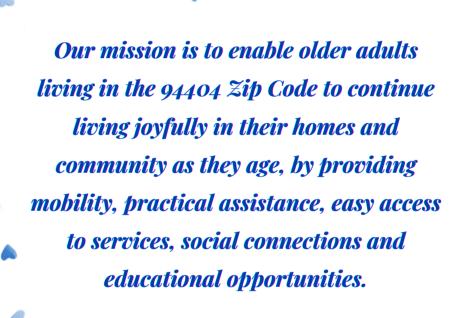
Welcome those (young and old!) wanting to fulfill our mission of enabling older adults in the 94404 Zip Code to age joyfully in their own homes

#### Thank You Anniversary Planning Committee

Helen Ackerman
Phyllis Brown
Pam Frisella
Linda Grant
Shirley Ham
Marlene Hopper
Maryanne Lewis



Office Staff: Holly McKelvey & Currie Park



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